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## Physical Therapy Residency Programs

A clinical residency is a planned program of postprofessional clinical and didactic education for physical therapists that is designed to significantly advance the physical therapist resident's preparation as a provider of patient care services in a defined area of clinical practice. It combines opportunities for ongoing clinical supervision and mentoring with a theoretical basis for advanced practice and scientific inquiry.<sup>1</sup>

## PT Residency Programs Align with PT Education and Post-Professional Development

- The path from novice to advanced clinician can be enhanced by a clinical residency program through mentoring, structured clinical and academic learning experiences, leadership development, teaching, and research.<sup>2</sup>
- Clinical specialization and advanced clinical practice is essential for continued growth as a physical therapy profession.<sup>3-6</sup>
- Clinical residency programs are important extensions of physical therapy education for physical therapists to become autonomous and specialized practitioners, to engage in collaborative health care and to support advanced clinical practice for doctors of physical therapy to meet the societal need for therapy services.<sup>5,6</sup>

## PT Residency and LEND Programs Have Complementary Curricular Components

•PT residency programs have specific didactic and clinical curricula guided by the Pediatric Physical Therapy Description of Specialty Practice.<sup>7</sup> These curricula complement the LEND Core Competencies.<sup>8</sup>

### •Areas of curricular overlap:

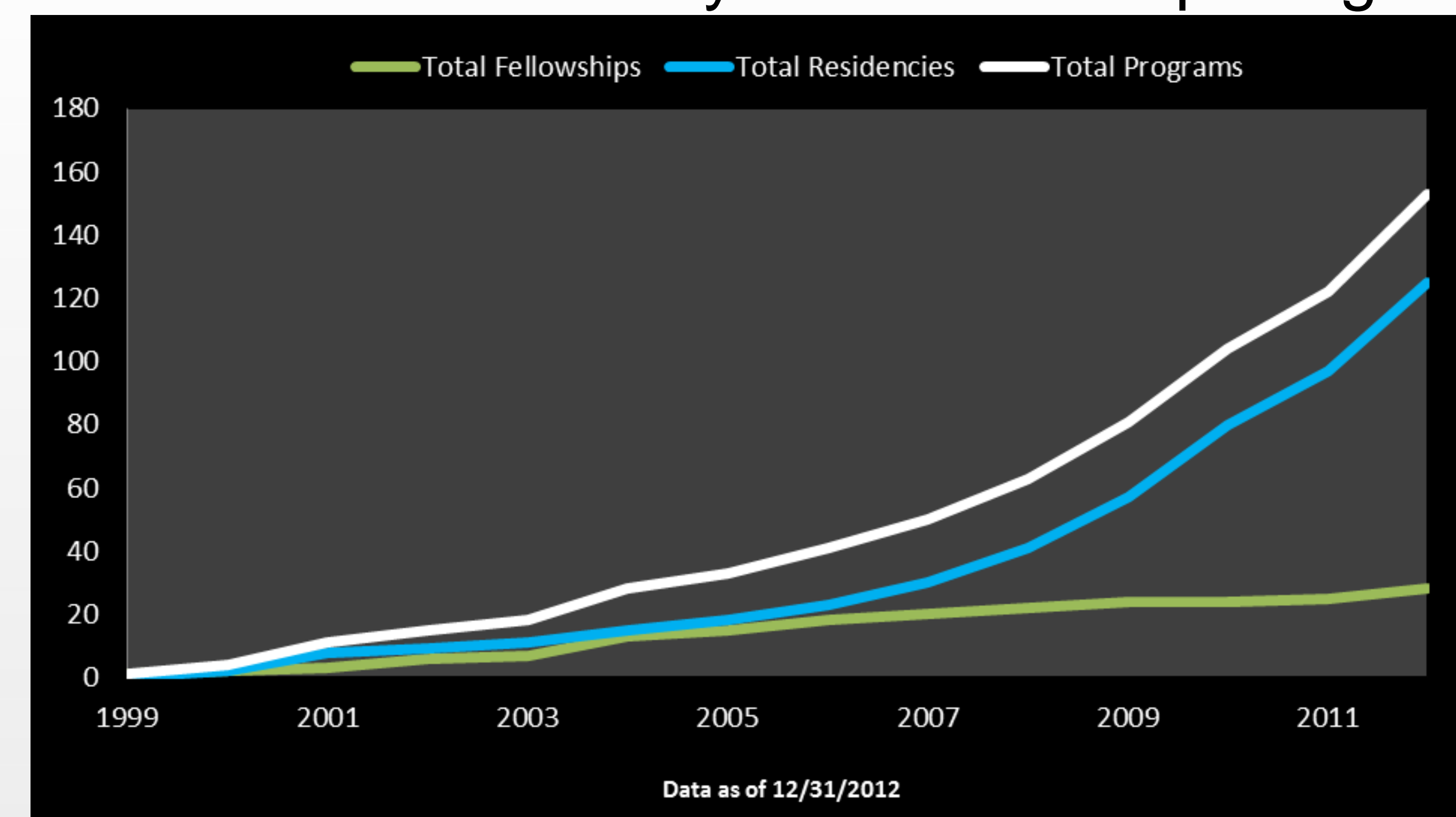
- Leadership Development
- Public Health
- Interdisciplinary Clinical Care
- Family Systems and Family-Centered Care
- Legislative policy impacting systems of care and service delivery
- Evidence-Based Practice and Critical Inquiry
- Advocacy

## Credentialed Pediatric PT Residency Programs

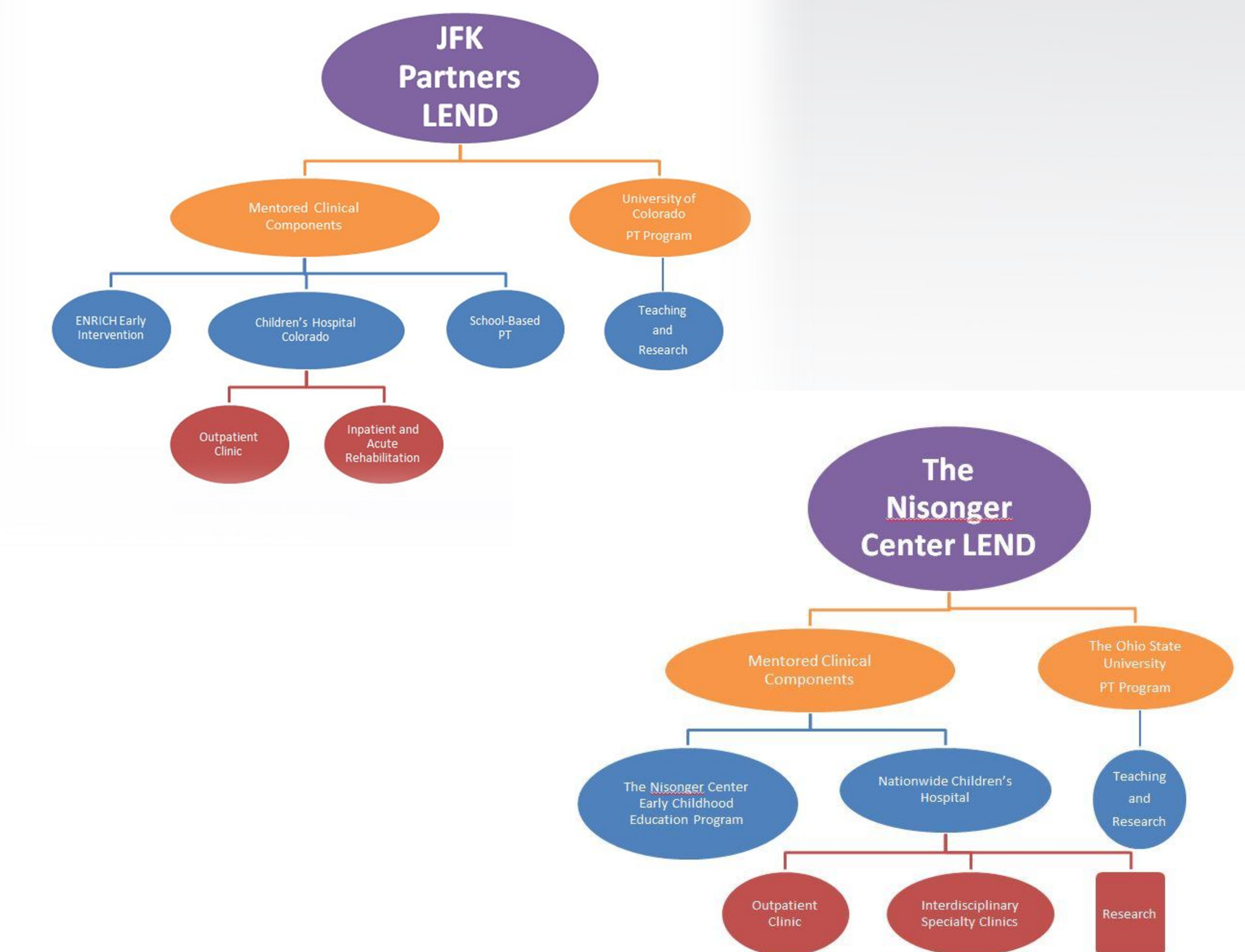
Despite consistent growth since the first pediatric PT residency was credentialed in 2007, only 10 credentialed and 4 developing pediatric residencies currently exist.

Pediatric Residency Program	State	LEND Affiliated
<b>Credentialed</b>		
Children's Healthcare of Atlanta Pediatric Physical Therapy Residency	Georgia	
Cincinnati Children's Hospital Medical Center Pediatric Physical Therapy Residency Program	Ohio	✓
Duke University Health System Pediatric Physical Therapist Residency	North Carolina	
Munroe-Meyer Institute Pediatric Residency	Nebraska	✓
OHSU Institute on Development and Disability Pediatric Physical Therapy Residency	Oregon	✓
The Children's Hospital of Philadelphia Physical Therapy Pediatric Residency Program	Philadelphia	✓
The Nisonger Center and Nationwide Children's Hospital Pediatric Physical Therapy Residency Program	Ohio	✓
UCA Pediatric Physical Therapy Residency Program	Arkansas	
University of Chicago Medicine Pediatric Physical Therapy Residency	Illinois	
University of Colorado Pediatric Physical Therapy Residency Program	Colorado	✓
<b>Developing</b> – submitted application for credentialed status		
Boston Children's Hospital Pediatric Physical Therapy Residency Program	Massachusetts	✓
Creighton University Pediatric Physical Therapy Residency	Nebraska	✓
University of Miami- Miami Children's Hospital Pediatric Residency Program	Florida	✓
USC CHLA Pediatric Physical Therapy Residency Program	California	✓

## Growth of PT Residency and Fellowship Programs



## LEND Programs and PT Residencies: Building Community Partnerships



## References

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8. <http://www.aucd.org/template/page.cfm?id=6>

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